

2.4.11 An under-age racer can participate in the Sprint and Experience races, but the underaged racer must provide our parental waiver/ ability certificate from a swimrun/ swim coach that the person is ready and able. See the "Under-age Competitor

ÖTILLÖ Under-age Competitor certificate

In the ÖTILLÖ Standard Swimrun rules it is stated that:

Printed name.....

certificate".		
2.4.11.1	The document must be signed bot Both must provide all their contact	th by the parent/ guardian and a coach. t details in the document.
2.4.11.2	This document must be uploaded up.	at the same time as the racer is signed
2.4.11.3	No person under 8 years old is allo	owed to participate in an ÖTILLÖ race.
Herewith do we as swi	mrun/swim coach and legal guardian tak	te full responsibility for
(name of athlete) with date of birth/ (date of birth of athlete)		
He/she is willing and able to participate in ÖTILLÖ (name & date of race)		
(name of athlete) understand that this is an exception from the rule and wants to race.		
The Race management riends, relatives or ins	=	for any liability by the parents, guardians,
Date and Place		
Athlete Signature		
Swimrun coach / Swim	coach	
Signature		Phone number
Printed name		Email address
Parent / Guardian		
Signature		Phone number

Email address.....