

Under -18 Competition certificate

In the ÖTILLÖ Standard Swimrun rules it is stated that:

Sprint

- 2.4.4 Athletes in the Sprint race must be at least 16 years of age to be allowed to start.
- 2.4.5 To start in a Sprint race the athlete needs to be able to swim 1 000 meters open water swimming in one go.

Experience

- 2.4.6 Athletes in the Experience Solo class must be at least 16 years of age to be allowed to start.
- 2.4.7 Athletes under 16 years of age are allowed to start in the Experience team class.
 - 2.4.7.1 Athletes between 18 and 16 years can start together in a team.
 - 2.4.7.2 Athletes between 16 and 8 years (minimum age) are obliged to start with an adult in a team.
- 2.4.8 To start in an Experience race the athlete needs to be able to swim 500 meters open water swimming in one go.
- 2.4.9 An athlete's racing age is determined by their age on December 31st the year of the event. However, if the athlete has not turned 18 on the day of the event the below waiver has to be signed and uploaded during race registration or handed in to race officials during race bib distribution.
- 2.4.10 For all athletes younger than 18 years old, the "Under -18 Competition certificate" has to be signed by both legal guardians.

Herewith do we as legal guardians take full responsibility for (name of athlete
with date of birth/ (date of birth of athlete)
He/she is willing and able to participate in ÖTILLÖ (name & date of race)
Date and place
Athlete signature
Parent 1/Guardian 1 signature
Parent 1/Guardian 1 printed name
Parent 2/Guardian 2 signature
Parent 2/Guardian 2 printed name