

# TIMES AND DISTANCES

## ÖTILLÖ SPRINT HVAR 2019



Location (Start Hvar Main Square)	Running	Swimming	Fast	Slow
Start, Hvar Main square - Harbour	300		00:02	00:03
Harbour - Obala Fabrica, Time 1		600	00:12	00:23
Time 1 - Majerovica bay	1 700		00:21	00:40
Majerovica bay		200	00:24	00:47
Majerovica bay - Hotel Sirena, Time 2 Energy	900		00:28	00:56
Time 2 - Mala Garska bay	300		00:30	00:59
Mala Garska bay		400	00:37	01:12
Mala Garska bay - Biskupa Jurja Dubokovica, Time 3	4 000		00:57	01:52
Time 3 - Tvrdava Fortica, Time 4 Energy	1 200		01:03	02:04
Time 4 - Bonj	1 300		01:10	02:17
Bonj - Hvar harbour		400	01:17	03:00
Hvar harbour - Time 5	70		01:17	03:01
Time 5 - Finish line	430		01:19	02:56
<b>Total distances (meters)</b>	<b>10 200</b>	<b>1 600</b>		

**Total distance (metres) 11 800**

5 runs

4 swims

14% swimming