

# TIMES AND DISTANCES

## ÖTILLÖ EXPERIENCE CANNES 2018



Location	Running	Swimming	Fast	Slow
Start, Square de Verdun - Pier at Square du 8 Mai 1945, Time 1	800		00:04	00:08
Time 1 - Plage de la Croisette		700	00:16	00:31
Plage de la Croisette - Port de Cannes, Time 2	1 200		00:22	00:43
Time 2 - Plage de la Croisette		350	00:28	00:55
Plage de la Croisette - Rue du Dr Zamenhof, Time 3 Energy 1	900		00:32	01:04
Time 3 - Time 4	1 350		00:39	01:18
Time 4 - Plage Gazagnaire		600	00:49	01:38
Plage Gazagnaire - Bijou Plage, Time 5	600		00:52	01:44
Bijou Plage		200	00:55	01:51
Bijou Plage - Finish	200		00:56	01:53
<b>Total distances (meters)</b>	<b>5 050</b>	<b>1 850</b>		

**Total distance (metres) 6 900**

5 runs

4 swims

27% swimming