

TIMES AND DISTANCES

ÖTILLÖ SWIMRUN HVAR 2017



Location (Start Hvar Main Square)	Running	Swimming	Fast	Slow
Start Hvar Main Square - Harbour	290		00:01	00:02
Harbour		245	00:05	00:07
Harbour - Hotel Sirena TIME 1	1 900		00:14	00:21
Hotel Sirena - Sirena peninsula	400		00:16	00:25
Sirena Peninsula - Vela Garska Bay		1 700	00:44	01:04
Vela garska - Point Pelegrin TIME 2, LIQUID	3 700		01:05	01:36
CUT OFF @ 10:45				
Point Pelegrin - Carnjani Bok		2 950	01:55	02:46
Carnjani Bok - Vlaka TIME 3, ENERGY 1	1 400		02:01	02:59
Vlaka - Velo Zdrilo	3 000		02:15	03:20
Velo Zdrilo		450	02:23	03:30
Borovac	600		02:27	03:38
Borovac - Marinkovac		500	02:35	03:50
Marinkovac TIME 4, ENERGY 2	1 400		02:41	04:02
Marinkovac - Jerolim		330	02:48	04:10
Jerolim	1 100		02:54	04:18
Jerolim - Krizni Rat TIME 5		560	03:04	04:30
Krizni Rat - Hvar Main Square TIME 6, ENERGY 3	1 500		03:10	04:42
CUT OFF @ 14:00				
Hvar Main Square - Lozna TIME 7, LIQUID	5 500		03:40	05:25
Lozna - Sviracina		1 800	04:10	06:07
Sviracina - Brusje TIME 8, ENERGY 4	3 500		04:27	06:35
CUT OFF @ 15:50				
Brusje - Milna TIME 9, ENERGY 5	6 350		04:56	07:25
Milna Bay		700	05:08	07:43
Milna Bay - Mecrevica Bay	1 200		05:13	07:53
Mecrevica Bay - Pokonji Bay		1 400	05:36	08:25
Pokonji Bay - Krizni Rat TIME 10 (same as time 5)	1 500		05:44	08:38
Krizni Rat - FINISH Hvar Main Square	1 500		05:52	08:50
Total distances (meters)	34 840	10 635		

Total distance (metres) 45 475
 11 runs
 10 swims
 23 % swimming